

Zoltan Trizna, MD, PhD

Board Certified Dermatologist

General Dermatology & Dermatological Surgery

8500 Bluffstone Cove, Suite A101

Austin, TX 78759

(512) 328-2102

Wound Care Instructions

1. Remove the dressing after 24 hours.
2. Apply the antibiotic ointment of your choice liberally to the wound as long as you are not allergic to these. Do not let a dry scab form. Do not use fragrant products or "vitamin creams".
3. Wounds or suture lines may then be covered by a dry non-stick dressing or a Band-Aid. The wounds may be left open to the air as long as they are protected from dirt, dust or any kind of potential infection.
4. Repeat steps 2 and 3 twice daily. Change the dressing or Band-Aid, too.
5. Avoid strenuous activities that may pull or damage the wound. Avoid exposure to dirt, dust or chemicals.
6. Keep the wound as dry as possible (showering is OK, but replace the bandage if it gets wet). Avoid hot tubs, pools, open water.
7. If the wound becomes red, swollen, or painful, or if it begins to drain excessive amounts of pus, call us (do not leave a message) or seek emergency treatment.
8. It is common for wounds to ooze or bleed, especially during the first few hours after surgery. This is best controlled by applying constant, firm pressure to the bleeding site with a clean bandage, gauze or wash rag for 15 minutes. If the bleeding continues, repeat the pressure. If the bleeding still continues, call us (do not leave a message) or seek emergency treatment.
9. Smoking and sun exposure interfere with good wound healing.
10. You may take Tylenol or Extra-Strength Tylenol for pain. If the pain continues, call us.
11. Return to the clinic on the day of your scheduled appointment for the removal of your stitches or for follow up.
12. The results will be discussed at the time of suture removal.

Financial note: You will be billed separately for the laboratory evaluation (pathology) of the specimen(s), according to the information we were able to obtain from your insurance company. We make every effort to ensure the completeness and accuracy of the financial information based on what we can obtain from your insurance company.